

HAVE YOU EXPERIENCED DIFFICULTY AFTER LEAVING AN ABUSIVE GROUP OR COMMUNITY?

WE WANT TO LEARN MORE ABOUT HOW PEOPLE NEED SUPPORT.

WE ARE LOOKING FOR

- Adults aged 19+ who identify with having been in a cult (e.g., religious, political, New Age)
- Adults aged 19+ who identify with having been in an online high-demand group. (Here, we define a "high-demand group" as any kind of organization or community that places strong expectations on members—such as strict rules, intense commitment, or heavy involvement in group activities. High-demand groups may or may not involve a specific leader, and examples include those that are focused on specific identities or ideologies (e.g., QAnon, RedPill/Incel/Pick-Up, influencer-led communities),
- Individuals who have been out of their group for between 1 and 5 years,
- Must be able to communicate in English,
- Have access to a computer or other device with Internet access,
- Be able to tolerate the completion of online questionnaires,
- A select subsample of people will be invited for an individual interview; those who agree must be able to tolerate a 60-minute qualitative interview on Zoom.

01

Brief Online Screener

To determine whether you meet eligibility criteria to participate.

02

Online Questionnaires

Those eligible will complete surveys on mental health, well-being, and adjustment since leaving the group.

03

Qualitative Interviews

If interested, the online interview includes questions regarding personal adjustment and mental health after leaving the group.

Compensation

- Completion of questionnaires: 20 CAD
- Completion of both questionnaires and interview: 50 CAD



LEARN MORE

Email smartlab@uvic.ca